

Carers Weekend Away

Do you care for a family member, a relative or a friend with a disability, dementia, mental health issues or problems of frail age?

Do you live in the St George area?

If you do, you may be eligible for this Carers Weekend Away

**Warilla, 27th - 29th April
Friday 3:00pm to Sunday 4:00pm**

This experience may be an opportunity for you to take a break from your caring role and give you a chance to unwind and relax in an atmosphere of support and friendship.

❖❖SHARED ACCOMMODATION❖❖

**Cost \$50.00,
lunches and drinks
at own expense
RSVP by Friday 6th April**

**Assistance with Respite
can be provided**

23 St Georges Road Penshurst NSW 2222

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www.poledepot.org